

## **MASTER MIND PRAYER – PERSONAL**

*The purpose of praying the Master Mind prayer is to help you affirm, claim, and embrace your life's divine plan.*

Read each step slowly and with intention. Pause for several seconds between each step to truly absorb the process and allow the prayer to unfold.

1. I SURRENDER: I admit that my personal self is powerless to solve my problems, powerless to improve my life. I choose help.
  2. I BELIEVE: I believe that a power greater than myself — the Master Mind, the One Power and One Presence active in the Universe — can change my life.
  3. I AM READY TO BE CHANGED: I realize that erroneous, self-defeating thinking is the cause of my problems, unhappiness, fears, and failures.
  4. I DECIDE TO BE CHANGED: I decide to surrender my will and my life to the Master Mind. I am willing to be deeply changed. I am willing to place my life under the direction of the Master Mind and to remain open to God's will for my greatest good.
  5. I UNDERSTAND AND I FORGIVE: I understand that self-empowering thoughts and courageous actions heal and prosper me now. So, I forgive myself and all others for all real and imagined mistakes and shortcomings.
  6. I REQUEST: In the awareness of the Master Mind, I request that my heart's desire is fulfilled now. I state my specific requests, knowing that the Master Mind is fulfilling my needs. My request is: \_\_\_\_\_.
  7. I CLAIM: I claim my heart's desire and affirm: "I am now demonstrating my heart's desire in my life."
  8. I GIVE THANKS: I give thanks that the Master Mind is now responding to my requests, and I joyously recognize the feelings of my heart's desires fulfilled.
  9. I DEDICATE MY LIFE: I now have a covenant in which it is agreed that I am supplied with an abundance of all things necessary to live a successful, joyous, and healthy life. I dedicate myself to be of maximum service to God; to live in a manner that sets the highest example for others to follow; and to remain responsive to God's guidance.
- I now go forth with a spirit of enthusiasm, excitement, gratitude, and expectancy. I am content, and I am at peace.

Amen.