

Devotional for

## “The Greatest Gift”

Sunday, February 3, 2019

During your prayer and meditation time, consider the text of Romans 12: 1-2, sometimes called “A Living Gift to God.”

Then,

- ❖ List everything in your life which doesn't seem to be working for you as you'd like.
- ❖ Review your list, ranking each item from (1) for most challenging to (10) least challenging.
- ❖ Beginning with the least challenging item (because it's often easier to start with the small stuff), write down one (1) belief you've held about the situation
  - Breathe deeply and reflect on what you wrote.
  - Breathe deeply again, and write down what you want to believe instead.
- ❖ What is a least one (1) action you're willing to take to adjust yourself and your beliefs to transform each challenge for the highest and best of all?

Take as much time and space as you need to slowly, patiently, and gently work this process. And, consider keeping this devotional in a sacred place so you can see how you and your life are transforming.