

Devotional for

“A Joyful Heart-The Gifts of Advent”

Sunday, December 16, 2018



This week, during your prayer and meditation time, contemplate the ancient wisdom of the Prophet Isaiah in 12:2-6.

Then, complete these lists, being as specific as you can:

- ❖ Things which currently bring me joy:
-

- ❖ Things on my Bucket (Joy) List which I have been putting off:
-

- ❖ Things which hinder my joy because they are “shoulds,” “have-to’s,” obligations, and/or struggles.
-

When I consider these lists, what can I eliminate from the last one, so I can experience more joy in my life now?

- ❖ The Gift(s) of Advent I am receiving from this awareness is / are:
-

- Note the date, time, and/or place, as appropriate, that you received our gift(s).



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