

Devotional for
“Mastering Faith”
Sunday, October 21, 2018

During your prayer and meditation time, consider this prayer request: “I believe; help me overcome my unbelief!” (Mark 9:24)

Then, consider these questions:

- ❖ What are the deepest, dearest beliefs I have about myself, my life, and my world?
 - List them all, as they come to mind.
- ❖ What in my life am I struggling to believe?
 - List all which apply, no matter how insignificant.
- ❖ When I consider my beliefs and “unbeliefs,” what steps can I take right now to reconnect with my Power of Faith so I feel, as Jesus teaches: “All things are done for the one who believes.” (Mark 9:23)
 - List as many as apply
- ❖ How can my Power of Faith support me right now in interrupting a silence in my life?
 - List as much as applies

{Remember: You don’t need to pray for more Faith; you already have all the Faith you need within you.}

Be gentle with yourself as you take as much time and space as you need to contemplate the text, feel your feelings, and allow new ways of being to unfold. Also, consider keeping this affirmation in a sacred place so you can refer to it again, as you celebrate how your beliefs have changed.